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FOOD
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0161 434 1723
www.solomonscafebar.co.uk

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BRUNCH

SERVED
10am-5pm

COFFEE & BACON ('TIL MIDDAY) 3.50
Bacon on toasted white bread with any hot drink

TOASTED TEACAKE, BAGEL OR SOURDOUGH 2.50
Served with butter and jam

TOASTED BAGEL & CREAM CHEESE 3.00
Add salmon – £2.50

BREAKFAST BARMS
White floured barm cake

Bacon 3.50
Sausage 3.50
Veggie Sausage 3.50
Bacon & Sausage 4.50

AMERICAN PANCAKE STACK

Bacon & maple syrup 6.50
Banana & maple syrup 6.00
Banana & strawberries with blueberry clotted cream 6.50

SMASHED AVOCADO 6.50
On toasted sourdough with two poached eggs
Add bacon – £1.50
Add salmon – £2.50

EGGS BENEDICT

2 poached eggs, toasted sourdough, hollandaise

Spinach 7.00
Bacon 7.50
Bacon & black pudding 8.00
Salmon 8.50

MUSHROOM & HALLOUMI

On toasted sourdough with a creamy basil sauce

BREAKFAST ON TOAST 7.00
Scrambled egg, baked beans & streaky bacon on toasted sourdough

BRUNCH EXTRAS

Poached Egg 1.00
Scrambled Egg 2.00
Avocado 2.00
Grilled Halloumi 2.00
Smoked Salmon 2.50
Mushrooms 1.50
Streaky Bacon 1.50
Sausage 1.50
Black Pudding 1.50

SOLS BOOZY BRUNCH

Served 11am - 4pm

Bloody Mary
Red Snapper
Breakfast Zombie
Mimosa
Sols Gin Fizz

**ALL JUST
£5 EACH**

LUNCH

SERVED
10am-5pm

Add a mug of homemade soup to any sandwich for £1.75
Add crisps - £1

SOLOMONS CLUB SANDWICH 6.50

Toasted triple decker sandwich with chicken, bacon, lettuce, tomato, egg, mustard mayo

VEGGIE CLUB 6.00

Toasted triple decker sandwich with honey roasted aubergines & red peppers, halloumi, tomato and spinach

TUNA ON SOURDOUGH 6.00

Tuna mayonnaise with red pepper on toasted sourdough
Add cheese - £1

A-L-T 6.00

Avocado, lettuce and tomato on toasted bagel
Add bacon - £1.50
Add salmon - £2.50

CROQUE MONSIEUR 5.50

A baked sourdough sandwich of emmental cheese, ham, cheese sauce, topped with grilled cheese

CROQUE MADAME 6.50

A baked sourdough sandwich of emmental cheese, ham, cheese sauce, topped with grilled cheese and a soft poached egg

HOT ROAST BEEF SANDWICH 7.50

Toasted sourdough, sliced roast beef, horseradish, 2 Yorkshire puddings and a pot of gravy!

SALADS

SERVED
10am-5pm

CLASSIC CAESAR 6.50

Cos, parmesan shavings, croutons, caesar dressing
Add chicken - £1.50

MEXICAN CHICKEN SALAD 8.00

Cos, red onion, red pepper, Cajun spiced chicken, crunchy nachos, guacamole and pico de gallo

SOLOMONS NICOISE 7.00

Cos, green beans, cherry tomato, black olives, house dressing, red onions & a soft poached egg.
Choose from either tuna or halloumi

SNACKS AND SHARERS


MIXED OLIVES 2.50

PLOUGHMANS BOARD 7.50

SOUP & SOURDOUGH 3.50

SWEET TREATS

SWEET BELGIAN WAFFLE

with strawberries, banana & clotted cream 

with vanilla ice cream and chocolate or strawberry sauce 

with bacon, sausage & maple syrup

6.50

6.50

7.00

A SELECTION OF LOCALLY SOURCED CAKES & SLICES

Please see the bar for today's selection

Get the food you
want to eat delivered
to Solomons.



deliveroo

1

Order your food
to Solomons using the
Deliveroo app.

2

Add your table
number to the driver
instructions.

3

Let our staff know
so they can keep an eye
out for your order!

*Deliveroo service available after 5:30 only. Food deliveries only available when purchasing drinks at Solomons. No Deliveroo drinks orders allowed. Last delivery time 30 minutes before closing. Please check with staff if in doubt.

STUDENT, INDUSTRY + NHS DISCOUNT

*Did you know we offer 10% off all food & drink
for students and NHS staff?**

*Not to be used in conjunction with any other offer. Valid ID required.

Our food may contain allergens so please ask a server for details. We offer gluten free bread as an alternative to sourdough, however we cannot guarantee that our dishes will be completely gluten free due to our food preparation area. Please speak to your server if you require further advice on this matter.

 Indicates vegan dish.  Indicates vegetarian dish.